

## Research Projects



**Nichole Kelly, PhD**  
**Evergreen Associate Professor**  
**Counseling Psychology and Prevention Science**

## Current Research Projects

- Parsing the Effects of Nature Exposure and Physical Activity on Mood and Cognitive Functioning among Adolescents (UO-funded; Co-I, Budd).
- Evaluating the acceptability and feasibility of a remote-delivered weight stigma workshop for places of employment (UO-funded; Co-I, Budd).
- Using imagery-based strategies to target the body dissatisfaction, disinhibited eating and rigid dietary restraint of adult men and women with at high risk for chronic diseases (UO-funded).
- Evaluating a physical activity intervention to improve the executive functioning and eating behaviors of rural preadolescent children (NICHD-funded).

## Data Available from Completed Research Projects

- Large survey on the health and health behaviors of sexual, gender and ethnically diverse adults (UO-funded; Co-Is, Budd, Cronic and Folger).
- Ecological momentary assessment data evaluating the antecedents and consequences of young men's loss of control eating (UO-funded).
- Feasibility and acceptability data of the Oakridge Buying Club, a community-food retailer partnered food access program in rural Oregon (UO-funded; PI, Smith).